

2021 #IMATTER YOUTH SUMMIT

10 SCHOOLS REPRESENTED

275 HIGH SCHOOL STUDENTS

PREVENTING SUBSTANCE ABUSE/MISUSE

INCREASING MENTAL HEALTH AWARENESS



Addressed refusal skills lacking in teens

PRIORITY AREAS	Reducing childhood and underage drinking	COLLABORATIVE PLANNING
	Reducing prescription and over-the-counter drug abuse/misuse	
	Reducing youth access to tobacco & nicotine	
	Reducing illicit drug use	



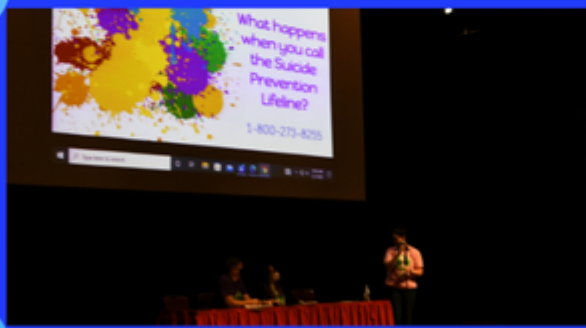
Addressed low perception of risk

MAKE AN EXCUSE	93.3% of students strongly agreed/agreed they understood what refusal skills were, and they would feel comfortable applying them, if they had to.	SUGGEST SOMETHING ELSE



Addressed early social access by minors

SOBRIETY TESTING	88.6% of students strongly agreed/agreed the lesson on sobriety testing taught them that driving under the influence of marijuana is equivalent to drunk driving.	SIMULATION GOGGLES



REDUCING STIGMA	84.7% of students strongly agreed/agreed they were more comfortable utilizing the National Suicide Prevention Lifeline, if needed.	SUPPORTIVE STRATEGY
	95.7% of students strongly agreed/agreed they gained at least one strategy to support a friend in need.	