

Community Mental Health Partnership of Southeast Michigan/PIHP	<i>Policy and Procedure Religious Freedom and Treatment by Spiritual Means</i>
Committee/Department: Recipient Rights	Local Policy Number (if used)
Implementation Date 10/24/2023	Regional Approval Date 09/28/2023

Reviewed by:	Recommendation Date:
ROC	08/09/2023
CMH Board:	Approval Date:
Lenawee	09/28/2023
Livingston	08/29/2023
Monroe	09/27/2023
Washtenaw	08/25/2023

I. PURPOSE

The purpose of this policy is to establish guidelines which ensure that recipients are entitled to religious freedom and choice regarding worship, religious activities, and treatment by spiritual means.

II. REVISION HISTORY

DATE	MODIFICATION
04/2020/2010	Full Policy Revision
04/11/2013	Template Update
01/13/2017	Template/References Updated
02/13/2020	3-year review No Content Changes
09/28/2023	3 year review No Content Changes

III. APPLICATION

<input checked="" type="checkbox"/> CMHPSM PIHP Staff, Board Members, Interns & Volunteers
<input checked="" type="checkbox"/> Regional Partner CMHSP Staff, Board Members, Interns & Volunteers
Service Providers of the CMHPSM and/or Regional CMHSP Partners:
<input checked="" type="checkbox"/> Mental Health / Intellectual or Developmental Disability Service Providers
<input type="checkbox"/> SUD Treatment Providers <input type="checkbox"/> SUD Prevention Providers
<input type="checkbox"/> Other as listed:

IV. POLICY

It is the policy of the CMHPSM that recipients shall be ensured reasonable access to their choice of religious services, worship, and treatment by spiritual means.

V. DEFINITIONS

Community Mental Health Partnership Of Southeast Michigan (CMHPSM): The Regional Entity that serves as the PIHP for Lenawee, Livingston, Monroe and Washtenaw for mental health, developmental disabilities, and substance use disorder services.

Community Mental Health Services Program (CMHSP): A program operated under chapter 2 of the Mental Health Code as a county community mental health agency, a community mental health authority, or a community mental health organization.

Consent: Consent is defined as either of the following:

1. A written agreement signed by a recipient, unless the recipient has a designated legal representative with authority to execute consent. If the recipient has a designated legal representative, the legal representative must provide written agreement.
2. A verbal agreement of a recipient, unless the recipient has a designated legal representative with authority to execute a consent, that is witnessed and documented by an individual other than the individual providing treatment. If the recipient has a designated legal representative, the legal representative must provide verbal agreement.

Additionally, consent must include the elements of competency, comprehension, knowledge, and voluntariness.

Legal Representative: A legal representative is defined as any of the following:

1. A court-appointed guardian,
2. A parent with legal custody of a minor recipient,
3. In the case of a deceased recipient, the executor of the estate or court-appointed personal representative,
4. A patient advocate under a durable power of attorney or other advanced directive.

Regional Entity: The entity established under section 204b of the Michigan Mental Health Code to provide specialty services and supports.

Treatment by Spiritual Means: A spiritual discipline or school of thought that a recipient relies on to aid in physical or mental recovery.

VI. STANDARDS

- A. Recipients shall have access to treatment by spiritual means upon the request of the recipient or their legal representative.
- B. Recipients shall not be coerced into engaging in and/or observing religious activities or events.
- C. Recipients shall be provided with the opportunity for contact with agencies providing treatment by spiritual means in the same manner that they have contact with private mental health professionals.

- D. Requests for printed, recorded, or visual material essential or related to treatment by spiritual means, and to a symbolic object of similar significance, shall be honored and made available at the recipient's expense.
- E. Treatment by spiritual means includes the right of recipients and their legal representatives to refuse medication or other treatment on spiritual grounds that predate the current allegations of mental illness or disability, but does not extend to circumstances where either of the following provisions apply:
 - 1. A legal representative or the provider has been empowered by a court to consent to or provide treatment and has done so.
 - 2. A recipient poses harm to himself, herself, or others and treatment is essential to prevent physical injury.
- F. The right to treatment by spiritual means does not include the right to any of the following:
 - 1. To use mechanical devices or chemical/organic compounds that are physically harmful.
 - 2. To engage in activity prohibited by law.
 - 3. To engage in activity that physically harms the recipient or others.
 - 4. To engage in activity that is inconsistent with court-ordered custody or voluntary placement by a person other than the recipient.
- G. CMHPSM reserves the right to engage in recourse to a court if a legal representative of a minor or adult recipient refuses to consent to treatment or medication that is determined to be essential.
- H. Recipients and their legal representatives shall be informed of any denial of treatment by spiritual means, including the reasons for the denial.
- I. A decision to deny a request for treatment by spiritual means may be appealed in writing to the local CMH Director or Designee. Additionally, a complaint may be filed with the Office of Recipient Rights.

VII. EXHIBITS

None

VIII. REFERENCES

Reference:	Check if applies:	Standard Numbers:
Michigan Mental Health Code Act 258 of 1974	X	330.1704(2)
MDHHS Administrative Rules	X	330.7001(r), 330.7135
MDHHS Revised Plan for Procurement of Medicaid Specialty Prepaid Health Plans	X	3.1.1.1
CMHPSM Policy: Consent to Treatment and Services	X	

IX. PROCEDURES

WHO	DOES WHAT
Assigned Program Staff	<ol style="list-style-type: none"> 1) Ensures that recipients are provided contact with agencies providing treatment by spiritual means in the same manner that they are provided contact with private mental health professionals. 2) If treatment by spiritual means is denied: <ol style="list-style-type: none"> a) Documents denial and justification in the clinical record. b) Provides notification to recipient and legal representative of denial and reasons for denial. c) Informs recipient and legal representative of their right to appeal denial to CMH Director or designee. d) Informs recipient and legal representative of their right to file a complaint with the Office of Recipient Rights. 3) May seek court-ordered treatment if a minor or adult recipient's legal representative refuses to consent to treatment or medication determined to be essential.