

COMMUNITY MENTAL HEALTH PARTNERSHIP OF SOUTHEASTERN MICHIGAN	<i>Policy and Procedure</i> Fetal Alcohol Spectrum Disorders Screening and Referral Policy
Committee/Department: Substance Use Services	Regional Operations Committee Review Date 04/03/2023
Implementation Date 05/01/2023	Oversight Policy Board Approval Date 04/27/2023

I. PURPOSE

This policy serves to formulate expectations and establish a process for the screening and referral of children for Fetal Alcohol Spectrum Disorders (FASD) and FASD prevention strategies in treatment programs for women.

II. REVISION HISTORY

DATE	MODIFICATION
06-01-11	
10-2015	
01-2016	
4-2019	
04/27/2023	Language and resource updates

III. APPLICATION

<input type="checkbox"/> CMHPSM PIHP Staff, Board Members, Interns & Volunteers
<input type="checkbox"/> Regional Partner CMHSP Staff, Board Members, Interns & Volunteers
Service Providers of the CMHPSM and/or Regional CMHSP Partners:
<input type="checkbox"/> Mental Health / Intellectual or Developmental Disability Service Providers
<input checked="" type="checkbox"/> SUD Treatment Providers <input type="checkbox"/> SUD Prevention Providers
<input type="checkbox"/> Other as listed:

IV. DEFINITIONS

Community Mental Health Partnership Of Southeast Michigan (CMHPSM): The Regional Entity that serves as the PIHP for Lenawee, Livingston, Monroe and Washtenaw for mental health, developmental disabilities, and substance use services.

Fetal Alcohol Spectrum Disorder (FASD): an umbrella term describing the range of effects that can occur in an individual whose mother drank during pregnancy. These effects may include physical, mental, behavioral and/or learning disabilities with possible lifelong implications. The term FASD is not intended for use as a clinical diagnosis. It refers to conditions such as fetal alcohol syndrome (FAS), fetal alcohol effects (FAE), alcohol-related neurodevelopment disorder (ARND) and alcohol related birth defects (ARBD).

V. POLICY

It is the policy of the CMHPSM to ensure that all SUD service providers establish and implement the procedures described in this policy pertaining to FASD prevention, screening, and referral.

VI. STANDARDS

- A. FASD prevention will be included in all substance use disorder treatment programs that serve women via education on the risks of alcohol consumption during pregnancy, screening for early FASD detection, and incorporating FASD services into program regimes. Prevention efforts will include the following prevention approaches recommended by the Institute of Medicine:
1. Educating the public and influencing public policies.
 2. Targeting interventions towards groups with increased risk for FASD problems, e.g., women of childbearing age that consume alcohol.
 3. Utilizing prevention techniques for women who have exhibited high risk behaviors in the past, i.e., pregnant women who are consuming alcohol or who have given birth to a child who has been diagnosed with FASD.
 4. Educate regarding the benefits of early FASD screening and assessment where the risk of exposure is known and/or suspected to ensure the impact of Fetal Alcohol exposure can be mitigated.
- B. Providers will complete a FASD prescreening for children with whom they interact with during the mother's treatment episode. Clinical staff will screen for conditions and make appropriate referrals when necessary. A referral may be necessary when:
1. Prenatal alcohol exposure is known and other FASD characteristics are evident.
 2. Prenatal alcohol exposure is known, despite the absence of other positive criteria.
 3. Information regarding prenatal exposure to alcohol is unknown, but concern has been expressed by a parent or caregiver of suspected FASD, or physical features associated with FASD can be observed.
- C. Service providers will consider prenatal exposure to alcohol when there are family situations or histories that indicate the need for referral for a diagnostic evaluation. Prenatal exposure will be considered for children in families who have experienced:
1. Premature maternal death in relation to alcohol consumption.
 2. Cohabitation with an alcoholic parent.
 3. Have a history of abuse or neglect.
 4. Have a history of Child Protective Services involvement.
 5. Have a history of transient care giving institutions, foster placements, or adoptive placements.

Women’s Specialty Providers are required to complete FASD training. There is not a state specific training for FASD screening. Relevant providers are expected to train their staff in the screening process and use of the screening tool, to ensure they know how to complete an FASD Prescreen, and document that staff were trained.

VII. Exhibits

- A. The Center for Disease Control has funded organizations to develop and evaluate criteria targeting various audiences with regards to FASD. The following websites provide information on prevention programs that have been developed, and may serve as valuable resources to provider staff in implementing FASD prevention strategies:

CDC FASD Homepage

<https://www.cdc.gov/ncbddd/fasd/index.html>

Michigan Department of Health & Human Services, *Enhanced Women’s Services*; Treatment Technical Advisory #08; https://www.michigan.gov/documents/mdch/TA-T-08_Enhanced_Women_Serv_375874_7.pdf

Michigan Department of Health & Human Services, Office of Recovery Oriented Systems of Care (MDHHS/OROSC). (2009). Substance Abuse Treatment Policy #11: Fetal Alcohol Spectrum Disorders. Retrieved from http://www.michigan.gov/mdhhs/0,1607,7-132-2941_4871_4877-133156--,00.html.

Michigan Department of Health & Human Services, Office of Recovery Oriented Systems of Care. (2010). Treatment Policy #12, Women’s Treatment Services. Retrieved from http://www.michigan.gov/documents/mdhhs/P-T12_Women_Srv_eff_100110_338279_7.pdf

Project CHOICES (Changing High-Risk Alcohol Use and Increasing Contraception Effectiveness Study)
<https://www.cdc.gov/ncbddd/fasd/interventions.html>

SAMHSA

TIP 58: Addressing Fetal Alcohol Spectrum Disorders (FASD) | SAMHSA Publications

<https://www.samhsa.gov/resource/ebp/tip-58-addressing-fetal-alcohol-spectrum-disorders-fasd>

VIII. REFERENCES

Reference:	Check if applies:	Standard Numbers:
Michigan Department of Health AND Human Services, Substance Use, Gambling, and Epidemiology Section (SUGE)Systems of, <i>Substance Abuse Treatment Policy #11</i> , Michigan.	X	