

Curriculum-Based Support Group 2022-2023



Targets 2nd-6th grade students who are at elevated risk for future behavioral and health problems including substance use, delinquency, and violence.

Students meet in small groups facilitated by a trained prevention specialist during school hours.

Students are taught essential life skills to help them learn how to:

- cope with difficult family situations
- resist negative peer pressure
- respect themselves and others
- set and achieve goals
- make healthy choices
- refuse alcohol, tobacco, and other drugs

Model Program with Demonstrated Outcomes:

- reduces anti-social attitudes and rebellious behavior
- increases anti-drug-use attitudes and intentions
- reduces early substance use/experimentation
- increases coping and social skills



LIVINGSTON COUNTY
**CATHOLIC
CHARITIES**



**COMMUNITY MENTAL
HEALTH PARTNERSHIP**
of Southeast Michigan

Local Outcomes:

20 CBSG® groups were provided across Livingston County targeting 159 students.

Of the 116 students who completed 10+ sessions, 102 (88%) maintained or improved their non-use attitudes toward alcohol and other drugs.

Want More Information?

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