



ST. JOSEPH MERCY
CHELSEA

PROJECT SUCCESS

MANCHESTER JR/SR HIGH SCHOOL

Program Overview

Project SUCCESS is a school-based SUD prevention program that has been in the Manchester Schools since 2017 and incorporates universal, selective, and indicated prevention strategies to engage youth in activities that weaken risk factors and strengthen protective factors. The target age for this program is grades 7-12 in Manchester.

The goals of the program are to reduce childhood and underage: drinking, reduce tobacco, electronic cigarettes and vape use, and reduce illicit drug use. These are accomplished through individual screening, brief intervention and referral, groups, Preventative Education, and Community Education events.

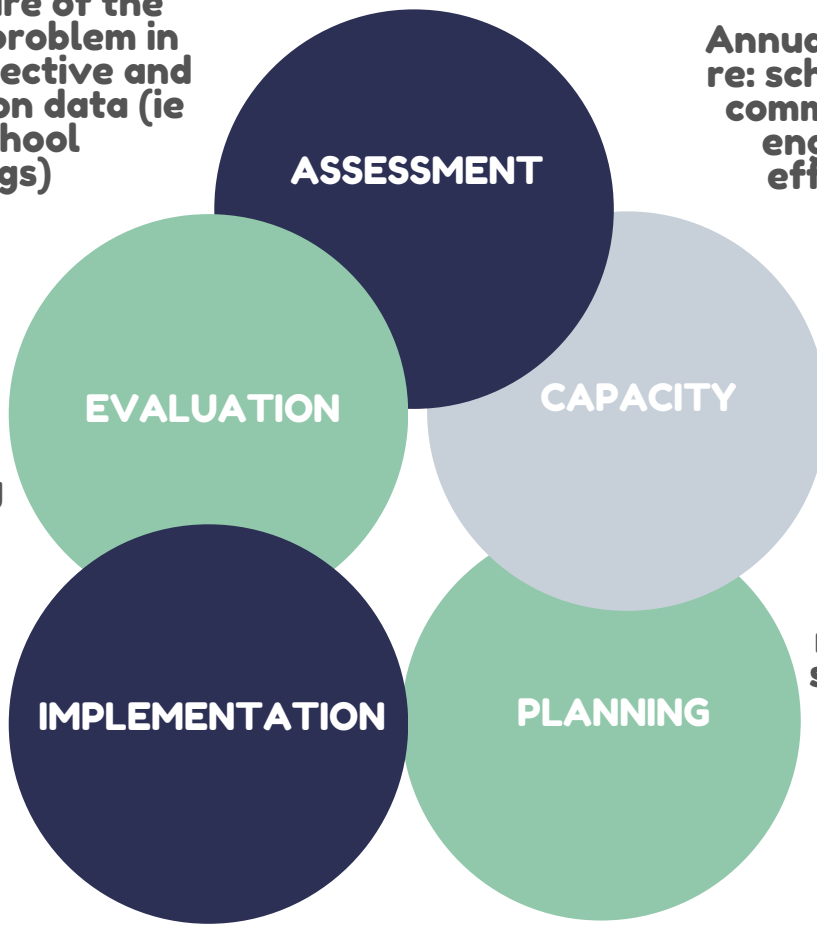
The targeted Intervening variables include: perceived peer pressure, anti-social behavior/delinquency, a low perceived risk of future/school consequences, and a lack of coping skills.

The Project Success counselor works collaboratively with community organizations such as the school PTO, Chelsea Hospital, and SRSly Manchester. The Project SUCCESS Counselor also educates and consults with school staff.

Based on SAMHSA's Strategic Prevention Framework:

Assesses the nature of the substance misuse problem in the school and protective and risk factors based on data (ie MIPHY and school discipline logs)

Annually assesses capacity re: school staff, parent and community willingness to engage in events and efforts and financial resources



Through the use of post-surveys, evaluates the impact programming has had and adjusts approach accordingly

Builds a logic model and makes programmatic decisions based on capacity and school needs based on staff surveys and previous year data

Implements individual, group, classroom and community-based programs.

Groups Offered 2023

- Middle School Boys Coping/Social Skills Group
- Middle School Girls Coping/Social Skills Group
- Middle School New Student Group
- High School New Student Group
- Senior Group
- COSA Group



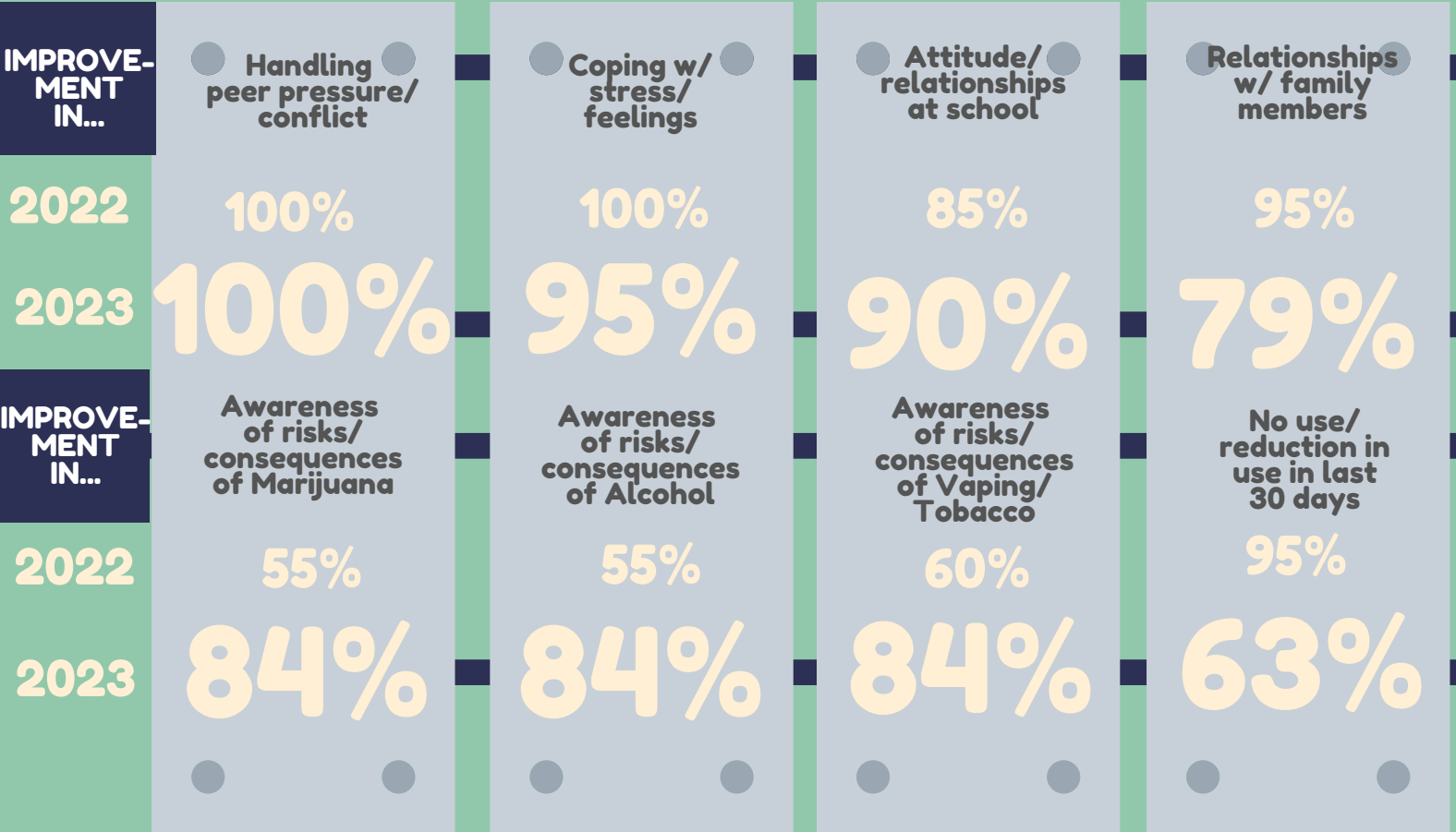
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Individual Counseling Post Survey

*percent out of total # of students seen not EBI target #



Of the students who engaged in Individual Counseling

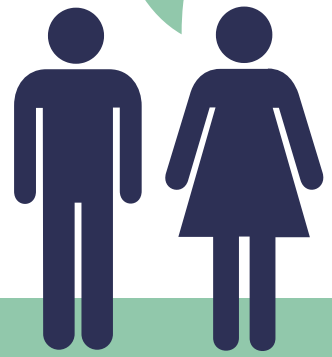


90% of students improved relationships at school

90% of students improved in +2 or more out of 7 Protective Factors

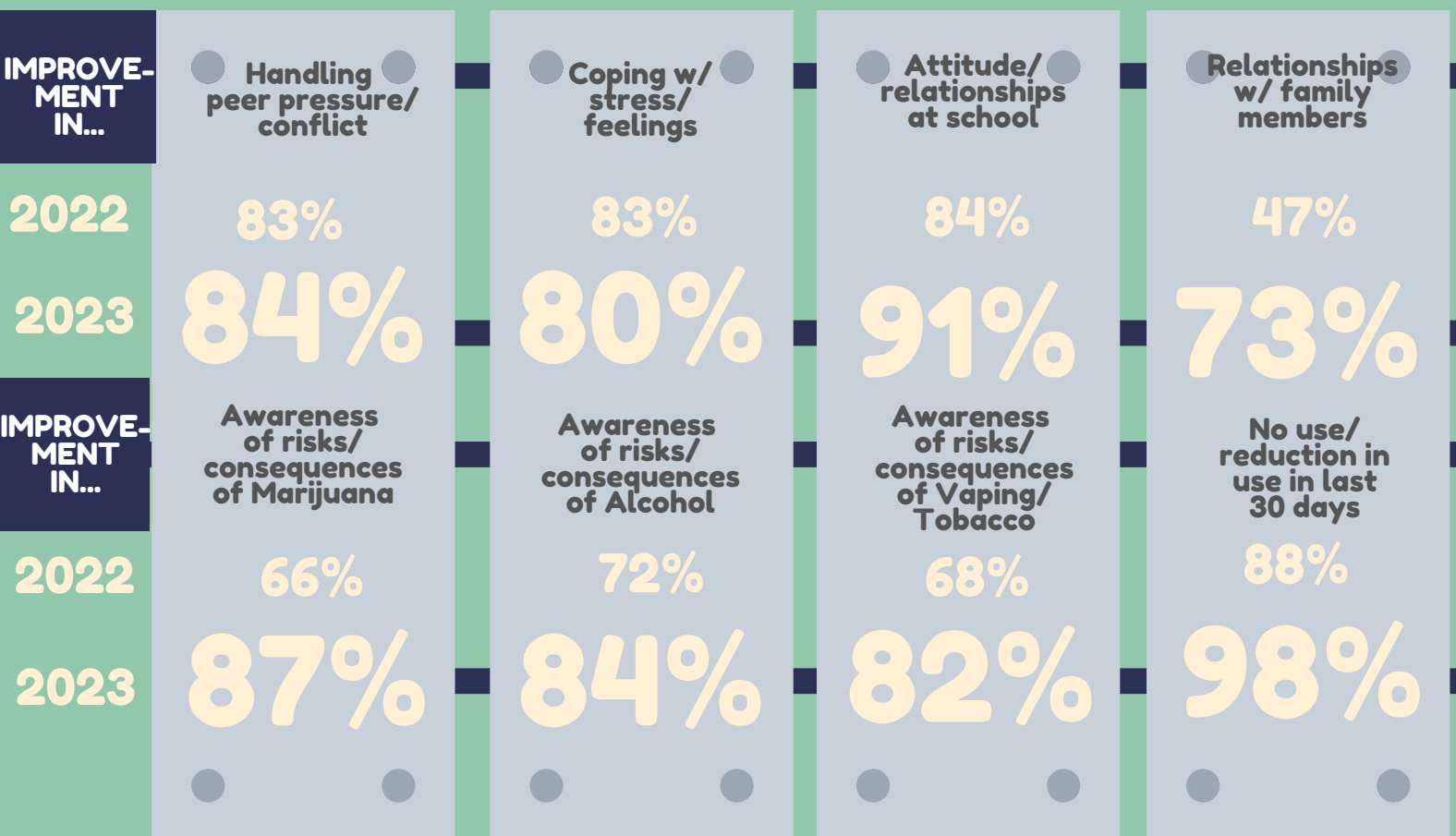
95% of students improved their ability to cope with stress

191 students were screened
22 students met for 1:1 Counseling
19 students completed a 1:1 Post Survey
8 Referred to Outside Services for MH and SUD



Group Post Survey

*percent out of total # of students seen not EBI target #





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SCHOOL ENGAGEMENT

- PSC introduced/reintroduced herself to staff in-person and through pamphlets in staff mailboxes and to students in classrooms.
- PCS regularly met with school staff during staff meetings, intervention team meetings, and 1:1 re: specific student concerns.
- PCS attended PTO meetings and reached out to guardians, caseworkers, and counselors as needed.
- PCS made connections with pertinent community resources.

PREVENTION EDUCATION



92% of students indicated improvement in their knowledge of Michigan law and school policy re: substance use post-Prevention Ed.

"I had no idea there were so many scary chemicals in a vape"

-12th grade student



SOCIAL MEDIA SAFETY

Alex Duranczyk
SRSly Manchester
Coalition Director

Presented By:

Lauren Herdrich
Manchester
Project SUCCESS Counselor

MAY 22, 2023
PRESENTED IN-PERSON TO THE STUDENT BODY &
IN-PERSON & VIRTUALLY TO PARENTS
IN COLLABORATION WITH SRSly MANCHESTER

PROJECT SUCCESS ONLINE



[HTTPS://WWW.STJOESHEALTH.ORG/FIND-A-SERVICE-OR-SPECIALTY/BEHAVIORAL-HEALTH/PROJECT-SUCCESS](https://www.stjoeshealth.org/find-a-service-or-specialty/behavioral-health/project-success)