


REDUCING YOUTH SUBSTANCE USE



Too many young people drink underage, use marijuana, and misuse prescription drugs, leading to difficulty in school and increased risk of addiction.

 Youth knowledge on the risks of substance use

 Social Norms favorable to substance use

 Perceived social pressure to use substances



4 schools created a SPLT

Each school identified a staff person to work with Communities in Schools' Prevention Coordinator to start a SPLT student group.



80% of students' increased their knowledge about substance use following a Prevention Campaign

Following each Prevention Campaign, each SPLT surveyed a random sampling of their peers. 559 surveys were collected.



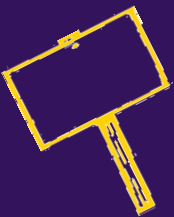
55 students joined a SPLT

Students at each school committed to reducing substance use in their school by running a series of prevention campaigns.



84% of students considered reducing their substance use following a Prevention Campaign

Following each Prevention Campaign, each SPLT surveyed a random sampling of their peers. 559 surveys were collected.



11 SPLT Prevention Campaigns

Each Prevention Campaign focused on either Marijuana Use, Prescription Drug Misuse, or Underage Drinking and targeted three audiences: high school peers, middle school students, and community members.



73% of students had a plan to help themselves or someone they knew to reduce their substance use following a Prevention Campaign

Following each Prevention Campaign, each SPLT surveyed a random sampling of their peers. 559 surveys were collected.



2050 high school students exposed to SPLT Prevention Campaigns

STUDENT PREVENTION LEADERSHIP TEAMS

Student Prevention Leadership Teams (SPLT) are a school-based intervention that seek to prevent and reduce substance use among students through information dissemination, education, and community-based processes. It is equally available to all students, regardless of risk. SPLT was first introduced in Lenawee County in the 2017-2018 school year.

