

**MONROE PUBLIC SCHOOLS**

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# Substance Abuse Prevention Programs

**MONROE PUBLIC SCHOOLS**

Monroe Public Schools  
734-265-3538

**PREVENTION PROGRAMS**

Supported by

Community Mental Health

Partnership of Southeast Mi.

CMHPSM

705 N. Zeeb Rd.

Ann Arbor, Michigan 48103

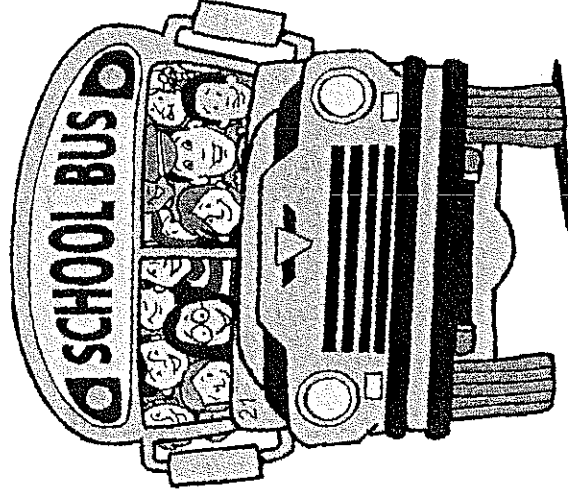
Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact Ms. Suzanne Maniaci. 734-265-3112

Monroe Public Schools

Sue Sacks

District Substance Abuse Coordinator

901 Herr Rd. Monroe, Mi. 48161



## Prevention Programs

### Elementary:

#### YOUTH CONNECTIONS

This 8 week program is for students that are having difficulties making positive choices and decisions in and outside of school. Students are referred by an administrator, or parent.

#### GIRL POWER

During the school year, the Girl Power program meets after school on Thursdays from 3:30-5:30. During the summer the Girl Power program is offered from the end of June to the end of July, Monday—Friday. The program provides opportunities for girls to increase their confidence in decision-making; problem-solving and making healthy choices. During the school year the program is for girls in grades 5th and 6th. During the summer for girls in grades 5th –7th.

#### TOWARDS NO TOBACCO USE (TNT)

TNT is a national tobacco prevention program presented in all 6th grade classrooms through out the MPS district. The six lesson program teaches about the negative side of tobacco use and gives students tools to make positive choices and decisions. The program is facilitated by trained Peer Educators that attend Monroe high school.

## Monroe Middle

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#### PROJECT ALERT

Is a national substance abuse prevention program offered to 7th and 8th grade MMS students. The program activities teach resistance skills for using or experimenting with tobacco, marijuana, alcohol and other drugs. The core program is offered in a 10 lesson format with a 3 lesson booster.

#### KICK BUTTS DAY

Is a national program that takes place in March to provide students with facts about tobacco and tobacco use. The activities include classroom presentations, students pledge to not use and other educational activities that are prevention oriented.

#### STUDENT ASSISTANCE

Administrative Meetings

Substance Abuse Team Meetings

#### INSIGHT

Is an 8 lesson substance abuse intervention program that is mandated for all MPS students that are in possession, and/or under the influence of drugs. This program is also for self-referred, or court ordered students. The Insight program gives students information on the physical and mental effects of substance use. The program also gives the student the opportunity to participate in activities that promote positive decisions and choices.

## MONROE HIGH SCHOOL

INSIGHT: See MMS

#### AFTERCARE

The aftercare program is a transitional program for students returning to the school environment after attending a substance abuse treatment program. The curriculum is individualized for the student's needs involving a positive transition into the school setting.

#### ANGER MANAGEMENT

Students who are in conflict and are having problems with their anger are referred by an administrator, parent, or self, for help in making the best choices for ones self when dealing with their anger. The program will give student's many different options and techniques to help understand their anger and how to change behaviors.

#### NOT ON TOBACCO

Teen Smoking Cessation program. For all MPS teens that would like to work on living a healthier lifestyle with out tobacco. 8 –10 lesson program.

#### RISKS YOUNG PEOPLE TAKE...

- Critical decisions about drugs
- Increasing violence in society and schools
- Face hopelessness that can lead to self destructive behaviors