

LENAWEE-LIVINGSTON-MONROE-WASHTENAW
OVERSIGHT POLICY BOARD
VISION

"We envision that our communities have both an awareness of the impact of substance abuse and use, and the ability to embrace wellness, recovery and strive for a greater quality of life."

AGENDA

March 23, 2017

**705 N. Zeeb Road, Ann Arbor
Patrick Barrie Conference Room
9:30 a.m. – 11:30 a.m.**

1. **Introductions & Welcome New Board Members**– 5 minutes
2. Approval of Agenda (Board Action) – 2 minutes
3. Approval of 2-23-2017 OPB Minutes {Att. #1} (Board Action) – 5 minutes
4. Audience Participation – 3 minutes per person
5. Old Business
 - a. Finance Report – 15 minutes (will be sent separately)
6. New Business – 30 minutes
 - a. Funding Requests
 1. EMU Program Expansion Saline High School {Att. #3}
 2. Real Leadership Statewide Training {Att. #4}
 3. CCAR Recovery Coach Training {Att. #5, 5a}
 4. Unified Services Overdose Prevention Services & Training {Att. #6}
 5. Lenawee Consultant {Att. #7}
 - b. RFP
 1. Prevention – Prevention services and DYTUR (RFQ) {Att. #8}
 2. Treatment – {Att. #9}
 - a) Core Provider
 - b) Treatment – Network Provider
 - c) Specialty Services (PA2) New and Innovative services
7. Report from Regional Board (Discussion) – 5 minutes
8. SUD Director Updates (Discussion) – 5 minutes

Next meeting: Thursday, April 27, 2017

Parking Lot:

**LENAWEE-LIVINGSTON-MONROE-WASHTENAW
OVERSIGHT POLICY BOARD
Summary of February 23, 2017 meeting
705 N. Zeeb Road
Ann Arbor, MI 48103**

Members Present: David Oblak, Kim Comerzan, Dianne McCormick, Mark Cochran, William Green, Tom Waldecker, Dave O'Dell, Ralph Tillotson, John Lapham, Amy Fullerton (phone)

Members Absent: Dave DeLano, Charles Coleman

Guests:

Staff Present: Stephannie Weary, Marci Scalera, Suzanne Stolz, Jane Goerge, Katie Postmus, Dana Darrow

OPB Chair D. Oblak called the meeting to order at 9:30 a.m.

1. Introductions

2. Approval of the agenda

**Motion by R. Tillotson, supported by J. Lapham, to approve the agenda
Motion carried**

3. Approval of January 26, 2017 minutes

**Motion by J. Lapham, supported by W. Green, to approve the January 26, 2017
minutes
Motion carried**

4. Audience Participation

) None

5. Old Business

a. FY 16 Final Finance Report

) S. Stolz presented. Discussion followed.

6. New Business

a. FY 2016 Dashboard report, Findings and Corrective Action Plans

) M. Scalera presented the Provider Dashboard Review and Corrective Action Plans. Discussion followed.

b. Prevention Provider Status

) K. Postmus presented an overview of FY 16/17 Prevention Program monitoring.

c. Recovery Self-Assessment (RSA) Analysis

) Clients, staff, and administrators of all of our agencies were included in this survey.

) The listed number of clients who participated in survey is wrong, and should be 169, per D. Oblak.

- J OPB expressed some concern with how the scoring is being viewed (Does 3 mean “needs improvement?” Or is 3 a neutral score?) OPB questions the low score for CC Monroe for Treatment Diversity (1.6), agreed that something is off with that number. M. Scalera will do more research on that one.

7. Report from Regional Board

- J M. Scalera provided an update, including that 4 amended program contracts were submitted and were approved by the Regional Board.
- J C. Coleman did not resign from the OPB but has scheduling conflicts due to school commitments. C. Coleman has requested that the OPB to waive for membership requirements.
- J The region’s Establishing Agreement stipulates that the OPB representative to the Regional Board must be a person in recovery.
- J OPB agreed to hold a membership slot for C. Coleman until he is able to become an active member again.
- J D. Oblak will represent OPB on the Regional Board temporarily, until C. Coleman is able to resume his OPB membership.
- J T. Waldecker would like confirmation from C. Coleman that the current conflict won’t be an ongoing issue for the entirety of the Social Work program.
- J Sheila Little and Dave DeLano have both stepped down from the OPB.
- J Open OPB spots: 1 Livingston, 2 Washtenaw, 1 Lenawee.

8. SUD Director Report

a. Prevention

- J Are block grant dollars available to support some research around Prevention efforts? OPB discussed the challenges facing Prevention efforts. The upcoming RFP will address those challenges.
- J Is there a model or example of something that has worked for Prevention? K. Postmus noted the Project Lazarus program. K. Comerzan would like to target the missing pieces, such as the schools. Staff will pursue these areas.

9. Adjournment

**Motion by R. Tillotson, supported by J. Lapham, to adjourn the meeting
Motion carried**

Meeting adjourned at 11:02 p.m.

CMHPSM SUD OVERSIGHT POLICY BOARD

ACTION REQUEST



Board Meeting Date:

March 23, 2017

Action Requested:

Recommend approval of funding for Saline High School Youth Driven Prevention Leadership Team, a pilot substance use disorder prevention program provided by Eastern Michigan University – Engage @ EMU, Office of Academic Service Learning.

Background:

In collaboration with Saline High School staff, Eastern Michigan University has submitted a proposal for a Youth-Driven Prevention Leadership Team pilot program to be conducted with Saline High School students during the remainder of Fiscal Year 2017.

Saline High School's existing prevention education group currently includes theatrical strategies to address local issues relevant to drug and alcohol use. This pilot program will provide the current group with an opportunity to expand their efforts and be trained by educational theatre artists, and create an additional Prevention Leadership Collective that will work with school staff to review and analyze substance use data collected by Saline High School and the Saline Community Task Force. Both teams will work together to use the analyzed data and their theatre training to create theatrical SUD prevention campaigns to reach Saline area parents, community members, and school peer communities to address risk and protective factors specific to the Saline community. As an added incentive to participate, students involved in the Prevention Leadership Team will be eligible for college credit under the Eastern Scholars Dual Enrollment Program.

This proposed pilot program addresses CMHPSM SUD Prevention Priority Areas and would fill a SUD prevention service gap within a community of significant need. Additionally, research indicates the efficacy of using theatre as a tool in prevention; the use of drama-based and theatrical interactive approaches, such as improvisation, forum, and playback, have facilitated changes in attitude and behaviors for both participants and audience members towards drug use and violence. Through their current incorporation of theatre in their SUD prevention efforts, Saline staff and students clearly have a vested interest in using this interactive modality. Their support of this proposed program is further reinforced by the attached letter of commitment.

CMHPSM Prevention staff will work with EMU to provide technical assistance in developing and reaching short term outcomes, and ensure timeline goals are achieved.

Connection to PIHP/MDCH Contract, Regional Strategic Plan or Shared Governance Model:

Proposal addresses SUD Prevention Priority Areas: reducing childhood and underage drinking; reducing prescription and over the counter drug abuse/misuse; reducing youth access to tobacco and reducing illicit drug use.

Recommendation:

Recommend funding in the amount of \$26,100.00 Washtenaw PA2 for Saline High School Youth Driven Prevention Leadership Team pilot prevention program. In the event MDHHS Block Grant Funds are available, recommend CMHPSM Board approve funding shift to block grant funds for the program in the amount of \$26,100.00.

Attachments:

Saline Area Schools Letter of Commitment

Bibliography

District Offices



**SALINE
AREA SCHOOLS**

Liberty School
7265 Saline-Ann Arbor Road
Saline, MI 48176-1168
Phone: 734/401-4000
Fax: 734/401-4098

March 10, 2017

To Whom It May Concern;

Please let this letter serve in support of the Prevention Leadership Project that is being proposed to support Saline Area Schools' students and the surrounding community. Using the theatre to support at-risk behavior is something that our District is very passionate about. For the past several years, Students Against Destructive Decisions (SADD) is a student organization at our high school that has been using theatrical tools to teach messages about abstaining from using drugs and alcohol. However, financial support from the Prevention Leadership Program would allow our District to take this program to a whole new level. Working in concert with Eastern Michigan University (EMU) and Jessica Alexander in Academic Engagement Programs would allow us to further the development of our theatrical presence. We welcome the creation of several theatrical performances that would address our parents, students, and community on the potential grave influences of substance abuse. We would also like to entertain a model that would allow our high school students to seek college credit from EMU through their participation in the Project.

Thank you for your consideration to have the Saline Area Schools involved in this exciting Prevention Leadership Project.

Sincerely,

Steve Laatsch, PhD.
Assistant Superintendent of Instructional Services
Saline Area Schools
laatschs@salineschools.org
(734) 401-4002

Bibliography

- Jordan, Carl, and Jerry Daday. "Theatre-in-Diversion: Evaluating an Arts-Based Approach to Combating Juvenile Delinquency." *Theatre Symposium*, vol. 23, 2015, pg. 81. *PROJECT MUSE*, <https://muse.jhu.edu/article/595048>.
- Kisiel, Cassandra, Margaret Blaustein, Joseph Spinazzola, Caren Swift Smith, Marla Zucker, and Bessel van de Kolk. "Evaluation of a Theater-Based Youth Violence Prevention Program for Elementary School Children." *Journal of School Violence*, vol. 5, no. 2, 2005, pgs. 19-36. *Taylor & Francis Online*, doi: 10.1300/J202v05n02_03.
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- Mouw, Mary Sherwyn, Arianna Taboada, Scarlett Steinert, Stephanie Willis, & Alexandra F. Lightfoot. "'Because We All Trust and Care About Each Other': Exploring Tensions Translating a Theater-based HIV Prevention Intervention into a New Context." *Progress in Community Health Partnerships: Research, Education, and Action*, vol. 10, no. 2, 2016, pgs. 241-249. *PubMed.gov*, doi: 10.1353/cpr.2016.0037.
- Stephens-Hernandez, Aileen B., Jonathan N. Livingston, Karen Dacons-Brock, Howard L. Craft, Amura Cameron, Steven O. Franklin, and Allyn C. Howlett. "Drama-based education to Motivation Participation in Substance Abuse Prevention." *Substance Abuse Treatment, Prevention, & Policy*, vol. 2, no. 11, 2007. *BioMed Central*, doi: 10.1186/1747-596X-2-11.
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CMHPSM SUD OVERSIGHT POLICY BOARD
ACTION REQUEST

Board Meeting Date: 3-23-2017

Action Requested:

Approval of funds for Recovery Community Services Project Leadership academy in the amount of \$2000 PA2 funds

Background: This is the second year this leadership academy is being offered at the state level. This is an opportunity for persons in recovery who are involved in various programs to gain community organizing and leadership skills. The OPB supported this effort last year and it was attended by persons in recovery in our region. One outcome of this training was the development of the Washtenaw Recovery Action Project, the recovery community organization that was recently funded (RCO). There are several other recovery groups that are organizing across the region who would benefit from this training. In particular, Monroe's Hope for Recovery, is a similar group coming together to provide community action, support and training for persons in recovery.

Connection to PIHP/MDCH Contract, Regional Strategic Plan or Shared Governance Model:

Workforce development is a strategic objective for the SUD system, CMHSP and state.

Recommendation

Approve \$2,000 PA2 funds to support the statewide RCO Leadership Academy that will cover representatives from the region.

CMHPSM SUD OVERSIGHT POLICY BOARD

ACTION REQUEST

Board Meeting Date: 3/23/2017

Action Requested:

Approval of Regional Recovery Coach Academy – (CCAR certification training)

Background:

The Recovery Coach Academy is required for peers who are working in the coaching capacity with our provider organizations, CMH's and projects related to treatment and prevention in our region. Having a Certified Recovery Coach enables these services to be covered through Medicaid and Block grant funding. The CMHPSM has supported these large trainings around the region over the years. We would like to offer a maximum of 40 slots for this training. Individuals who are in stable recovery for two years and who are certified are eligible for employment in the substance use field. Many of these folks go on to further their education and move along the career ladder as clinicians, case managers and leaders. This training will be for all interested persons in recovery within our region. It is a five-day intensive training. The objectives are as follows:

- 1) Describe the roles and functions of a Recovery Coach
- 2) List the components, core values and guiding principles of recovery
- 3) Build skills to enhance relationships
- 4) Discuss co-occurring disorders and medicated-assisted recovery
- 5) Describe stages of change and their applications
- 6) Address ethical issues
- 7) Experience wellness planning
- 8) Practice newly-acquired skills

Budget: Total request – not to exceed \$15,000

Trainer and manuals - \$314/person – max 40 persons; includes manuals

Materials - \$400

Food \$10 x 40 persons x 5 days \$2000

Venue: Dawn Farm - free

Connection to PIHP/MDCH Contract, Regional Strategic Plan or Shared Governance Model:

Workforce development is a strategic objective for the SUD system, CMHSP and state. Expansion of qualified peers to fill positions region wide is necessary as state and federal expansion grants rely heavily on recovery coaches.

Recommendation:

Approval maximum budget of \$15,000 for Recovery Coach Academy

RECOVERY COACH ACADEMY TRAINING

*NO COST FOR PEERS RESIDING IN
LIVINGSTON, LENAWEE, MONROE
OR WASHTENAW COUTIES*



The RCA is a five-day training opportunity designed to prepare participants for employment as a Recovery Coach. The training will provide participants with an in-depth and comprehensive training experience focused on the development of the skills required for a person to responsibly provide the services of a Recovery Coach. The training will provide participants tools and resources useful in providing recovery support services and will emphasize skills needed to link people in recovery to needed supports within the community.

Who Should Attend?

RCA participants should themselves be individuals in stable recovery, as it is important to those served, that their coach has a personal understanding of addiction and recovery.

5 DAY COMPREHENSIVE TRAINING

The CMHPSM is hosting a regional *RECOVERY COACH* training for persons with recovery experience interested in becoming certified recovery coaches.

LOCATION:
DAWN FARM BARN
6633 STONY CREEK RD.
YPSILANTI, MI 48197

32 MCBAP CEU HOURS
AVAILABLE

APRIL 10TH, 12TH,
14TH, 17TH, & 19th
8:30am– 5:00pm

Participants must register and commit to all 5 days for certification!

Contact Info
Telephone

CCAR Recovery Coach Academy© participants will:

| | |
|---|--|
| ➤ Describe Recovery Coach role and functions | ➤ Understand the stages of recovery |
| ➤ List the components, core values and guiding principles of recovery | ➤ Describe the stages of change and their applications |
| ➤ Build skills to enhance relationships | ➤ Increase their awareness of culture, power and privilege |
| ➤ Explore many dimensions of recovery of recovery and recovery coaching | ➤ Address ethical and boundaries issues |
| ➤ Discover attitudes about self-disclosure and sharing your story | ➤ Experience recovery wellness planning |
| ➤ Practice newly acquired skills | <i>IN AN EMOTIONALLY SAFE ENVIRONMENT</i> |

Continental breakfast and lunch included each day of training.

The materials will provide participants with training that focus on developing and refining skills necessary to responsibly provide the services of a Recovery Coach. This includes learning new and less stigmatizing language, the art of active listening, and understanding your role in the community.

The training will provide participants with tools and resources that will give the participants confidence in their ability to provide recovery support services. These resources will provide a base to help link people in recovery, to link people in recovery to needed supports within the community. Along with the materials and lectures, the interaction between participants will be a valuable part of the program.

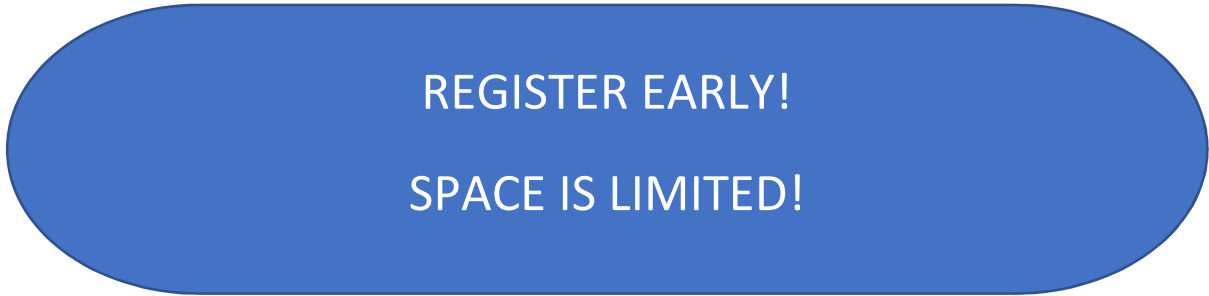
Benefits of Attending

Each attending will receive a certificate of completion from CCAR. This is the recognized certification necessary to provide recovery coach services in the State of Michigan, and will be recognized as the approved equivalent to the eventual IC&RC certification currently being developed.

Recovery Coach services provided by CCAR trained coaches are Medicaid Reimbursable.

CCAR trained coaches are invited to join CCAR Recovery Coach Forum by receiving an invitation to a member's only Facebook network .

All trainees are welcome to join the Michigan Recovery Coach Association, a non-profit grassroots organization developed to provide support to coaches as well as establish a professional networking tool.



CMHPSM SUD OVERSIGHT POLICY BOARD

ACTION REQUEST

Board Meeting Date: 3-23-2017

Action Requested:

Approval of funding to expand outreach, overdose prevention, training and harm reduction activities through distribution of Narcan in the community.

Background:

The CMHPSM is responding to the states requirement to enhance services to persons with Opiate/Heroin addictions and dependencies in our region. One element of services is to provide direct overdose prevention through education communities and families and persons who are actively using on prevention, treatment and use of narcan in the event of an overdose. Unified provides some outreach services in Washtenaw County and is positioned to expand these services to Monroe County, where the opiate epidemic has exceeded predicted expectations. Unified would work with key stakeholders in the county to support efforts in addressing the population in need. Funding with PA2 and Block Grant Funds if available.

Budget:

| | |
|---------------------|----------|
| Staffing at 0.8 FTE | \$27,776 |
| Supplies & Mileage | \$3,724 |
| Indirect Admin | \$3,500 |
| TOTAL: | \$35,000 |

Connection to PIHP/MDCH Contract, Regional Strategic Plan or Shared Governance Model:

Responding to community needs; supporting strategic objectives and addressing the state's expectation to expand services addressing the opiate/heroin epidemic.

Recommendation:

Approval - Unified for outreach and harm reduction expansion

CMHPSM SUD OVERSIGHT POLICY BOARD

ACTION REQUEST

Board Meeting Date: 3/23/2017

Action Requested:

LENAWEE COUNTY PA2 Funding for April Demers, Consultant (prevention and community development)

Background:

Lenawee CMH is requesting \$21,330 for the remainder of 2017 to hire a consultant to work with prevention providers; new community programs and further develop community partnerships. A portion of April's time will be allocated to the Engagement Center's effort as she will also join the planning and development team for this project.

Connection to PIHP/MDCH Contract, Regional Strategic Plan or Shared Governance Model:

Support program development in the region, utilize creative programming and best practices to provide quality services and success.

Recommendation:

Approve funding for consultant services in Lenawee County for 2017 in the amount \$21,330



Lenawee
Livingston
Monroe
Washtenaw

SUBSTANCE USE DISORDER PREVENTION PROGRAMS

REQUEST FOR PROPOSALS

CMHPSM RFP #2017A

RFP INTRODUCTION

The Community Mental Health Partnership of Southeast Michigan (CMHPSM) is requesting proposals from bidders for substance use disorder prevention programs/initiatives to be provided within our four-county region (**Lenawee, Livingston, Monroe, and Washtenaw**).

Bidders must utilize data to guide local decisions and create a comprehensive plan for programming based on the **Strategic Prevention Framework (SPF)**. The SPF is an outcome-based, data-driven, population-level approach to substance abuse prevention planning. SPF includes five steps; assessment, capacity, planning, implementation, and evaluation.

Substance abuse continues to be associated with various individual, familial, and community issues. The CMHPSM understands the importance of targeting needs and strategies to promote healthy communities and individual well-being. Critical to the chances for success in substance abuse prevention is the implementation of evidence-based interventions targeted to multiple sectors within a community.

CMHPSM PRIORITY AREAS

Applicants should focus on one or more of the following priority areas: **reducing childhood and underage drinking; reducing prescription and over the counter drug abuse/misuse; reducing youth access to tobacco; and reducing illicit drug use**. However, organizations may identify another substance use disorder problem as a focus area. If so, they must include epidemiological evidence of the issue in a specific community.

TIMELINE FOR CMHPSM RFP#2017A

| | |
|---|-------------------------------|
| RFP to Oversight Policy Board for Review | March 23, 2017 |
| RFP Available on MITN Website | April 13, 2017 |
| Mandatory Bidders Conference | April 21, 2017 |
| Programmatic Questions Due to CMHPSM | April 26, 2017 |
| Programmatic Questions and Answers Posted on MITN | April 28, 2017 |
| Bid Submission Deadline | May 22, 2017 3:00 P.M. |
| Bid Review Begins | May 23, 2017 |
| Award Recommendations to Oversight Policy Board | June 22, 2017 |
| Contracts/Awards to CMHPSM Regional Board | July 12, 2017 |
| Award Notifications | July 17, 2017 |
| Contracts Issued to Awarded Organizations | Prior to October 1, 2017 |



Lenawee
Livingston
Monroe
Washtenaw

SUBSTANCE USE DISORDER TREATMENT:
CORE PROVIDER
NETWORK PROVIDERS
SPECIALTY SERVICES

REQUEST FOR PROPOSALS

CMHPSM RFP #2017 C, D, and E

RFP INTRODUCTION

The Community Mental Health Partnership of Southeast Michigan (CMHPSM) is requesting proposals from bidders for substance use disorder treatment and recovery services (**Lenawee, Livingston, Monroe, and Washtenaw**).

#2017 C: CORE providers - There will be separate proposals required for core providers who had previously submitted RFI information last year. The focus is on ensuring access to care; availability of services; consistency across the region and capacity building. Based upon the strategic planning process, the OPB set forth these identified priority areas to include access to care; fiscal accountability and expanded services in the changing clinical environment. The objectives continue to highlight a recovery oriented system of care. However, the delivery of services was somewhat different in each county. This RFP will attempt to align the management of services in order to have a similar methodology for funding care in each county. The largest change will be in the pre-authorization and utilization management area. This will require more direct oversight responsibility by the CMHPSM staff and clarity in what costs are associated with care, leading to standardized reimbursement rates. Core provider reimbursement will be a blend of funded positions for certain services along with case rates and fee for services for others. All data will be tracked in the electronic health record. Bidders must submit financial cost data that will be used to determine appropriate rates, which will be consistent across the region.

#2017 D: Network Provider Panel membership will allow the CMHPSM to create a panel of qualified providers who will submit information on the services they provide. All network providers in the region will be available to individuals seeking care. Core providers will be expected to coordinate care when referring to network providers. Rates for services will be determined by the CMHPSM. Providers will have to accept rates proposed by the CMHPSM.

#2017 E: Specialty Services – PA2. This RFP will be a re-issuance of the RFP released in 2014. Contracts awarded under this RFP end in 2017. Awards for this RFP section would be on a two to three-year cycle. Programs currently funded by this RFP will need to resubmit and demonstrate continued need; demonstrated successful outcomes for the prior funded programs. Also, new providers will have the opportunity to submit programming requests.

TIMELINE FOR CMHPSM RFP#2017 C, D, E

| | |
|---|-------------------------------|
| RFP to Oversight Policy Board for Review | March 23, 2017 |
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