

WASH - WIPE - COVER! DON'T INFECT ANOTHER!

WASHTENAW
LITERACY

WASH

Wash your hands often. Use soap and hot water. Wash for 30 seconds.



WIPE

Wipe the things that you touch with disinfectant.

COVER



Cover your nose and mouth with your elbow.



Cover your nose and mouth with a tissue.



Throw used tissues into a garbage can.



Do not touch eyes, nose, or mouth with unclean hands.



Stay home if you are sick.



Get a flu shot.

WORDS TO KNOW!

Virus – A tiny, living thing. It is too small to see. Viruses cause sickness. They cause sickness after entering someone’s body. Sometimes they enter when a nose, eye or mouth is touched with dirty hands. Sometimes you breathe them in the air.

Flu or Influenza – One kind of virus.

Coronavirus – A new virus. Doctors are learning about it. It spreads from person to person quickly. There is no medicine yet.

COVID-19 – The sickness caused by coronavirus.

Infect – To get someone to get sick.

Infection – A sickness.

Infectious – Someone who is sick. They can make someone else sick.

Contagious – A sickness that can be passed from one person to another.

Pandemic – A sickness that spreads over a whole country or the whole world.

Face mask – A cover for your nose and mouth.

Disinfect – To clean with a product that kills viruses.

Disinfectant – A product that kills viruses.

Sanitizer – A cleaning product or hand cleaner that kills viruses.

Fever – When your body temperature is higher than normal. Normal is around 98.7 degrees.

Respiratory – The parts of the body used to breathe.

Symptoms – The ways you feel when you are sick.

IF YOU FEEL THIS WAY, CALL A DOCTOR



FEVER



COUGH



TROUBLE BREATHING

SOCIAL DISTANCING



STAY HOME AS MUCH AS YOU CAN.
STAY SIX FEET AWAY FROM OTHERS.
DO NOT SHAKE HANDS.

Here are some free or low cost doctors:

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| <p>Hope Clinic (734) 484-2989 518 Harriet Street, Ypsilanti</p> | <p>Washtenaw County Health Department (734) 544-6700 555 Townner Street, Ypsilanti</p> | <p>Corner Health Center (734) 484-3600 47 N Huron Street, Ypsilanti</p> |
| <p>University of Michigan Free Clinic (734) 680-0804 103 E Main Street, Pinckney</p> | <p>Packard Health (734) 971-1073 3174 Packard Street, Ann Arbor</p> | <p>Packard Health West (734) 926-4900 1915 Pauline Boulevard, Ann Arbor</p> |
| <p>Family Medicine at Dexter Health Center (734) 426-2796 7300 Dexter Ann Arbor Road, Dexter</p> | <p>Chelsea Health Center (734) 475-1321 14700 E Old US Hwy 12, Chelsea</p> | <p>Saline Health Center (734) 429-2302 700 Woodland Drive East, Saline</p> |
| <p>Hdi Migrant Camp Site (989) 759-6400 4800 Esch Road, Manchester</p> | <p>Michigan Coronavirus Hotline Ask any question (888) 535-6136</p> | <p>Write your doctor's number here</p> |

This information is not a substitute for medical advice.

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